

SHIRE OAK HOUSE

Specialised Dementia Care

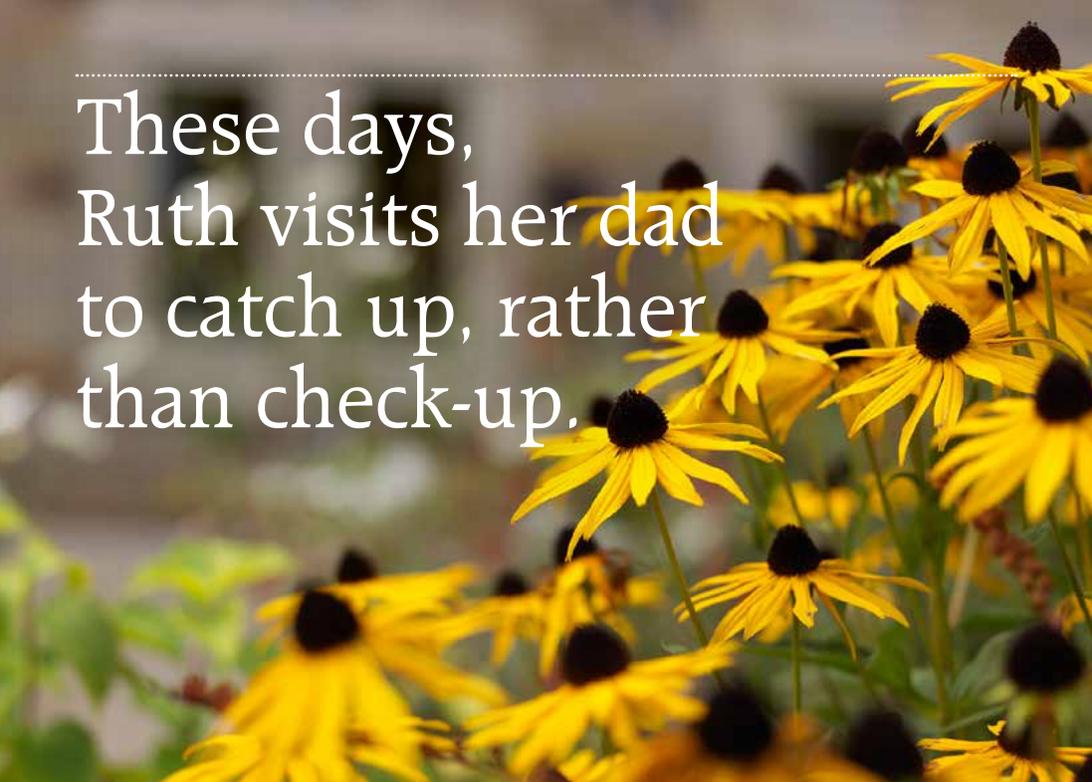


Headingley Hall
HEADINGLEY

Inspected and rated

Outstanding 

 Care Quality
Commission



These days,
Ruth visits her dad
to catch up, rather
than check-up.

When Ruth's dad moved to Headingley Hall, it not only took a weight off her shoulders, it also put a smile on her face. Because she knew her dad now had the support and care he needed from highly trained and friendly staff who care as much about her dad's health and happiness as she does.



Our offer is about putting the person at the heart of how we support them.

Shire Oak House – a home from home

We strongly believe that experiencing dementia is not the end.

At Westward Care we have recognised the growing need for specialised dementia care and have created Shire Oak House – a unique safe home based within our existing care home, Headingley Hall. (rated CQC Outstanding – Feb 2020).

Our offer is about putting the person at the heart of how we support them.

The small environment means when people move to Shire Oak House life can continue on their own terms – we fit around their routine, their likes and dislikes and aim to make the move to more supported living feel as natural as possible.

Outstanding care and support

Shire Oak House is about creating an environment that helps grow relationships and a sense of home.

We look to create short and long-term goals with the person and their family – taking small steps, asking for help, building support and recognising and celebrating accomplishments.

Our trained staff are on hand to provide continuous, 24-hour support. At every point of care we consider the best interests of the person experiencing dementia and we aim to use every interaction as a source for engagement – dressing, eating, dining, creating, reminiscence.

We believe that it's important to support people experiencing dementia to maintain skills, abilities and an active social life. This can also help how they feel about themselves.

Shire Oak House is based on an established dementia support approach of building a 'household'.

Central to creating this model is the focus on providing a personalised approach with appropriate and empowering care plans which encourage people to maintain their independence where they can.

The Grade II listed building has been sensitively updated and sits in beautiful, landscaped gardens creating a wonderful relaxing environment for catching up with loved ones.

With only 11 rooms and a separate kitchen and lounge, the space has been decorated to create a sense of calm – a home from home.

We can support with:

- Remembering medication
- Cleaning
- Eating and drinking
- Personal care (bathing, washing, toileting) that is responsive to what the person needs
- Dealing with sleep problems – with staff on site 24/7 to support any sleep disturbances.

Practical care and support

- 11 en-suite rooms which can be individualised to personal tastes
- Special consideration and use of memory aids such as assistive technology (e.g Alexa)
- Dining options – cooking together, laying the table
- Gardening – beautiful landscaped gardens to enjoy
- On-site activities, and where appropriate, trips out



Is it the right home for you or your loved one?

Where possible we encourage the person with dementia to be involved in the discussion about their care, even if they don't have capacity to make the decision themselves.

They are likely to have preferences and feelings about the decision, and it's important to ensure these are taken into account.

We will visit your relative at home or in hospital or invite them to visit the home before they move in.

We will speak with you and your family to capture as much information as possible so we can help you decide if this is the right option for you or your loved one.

Settling in

Any move can be stressful, and our staff are on hand to make it as easy as possible.

A short respite stay is available if you think this might ease the transition and support the decision.

Each person moving to Shire Oak House will also be supported with a bespoke transition plan to ensure that any move meets your needs.

A care plan will be drawn up with direct input from yourself and your family so it reflects the daily aspirations that enable people to feel included and able to actively participate in home life.

We encourage families and friends to visit as little or as often as they want to help your loved ones settle in. It's your space and we encourage you to make your room homely, for example with photos, treasured ornaments, key pieces of furniture or a favourite blanket.

Find out more online at
westwardcare.co.uk or call
0113 275 9950

Funding the care and support

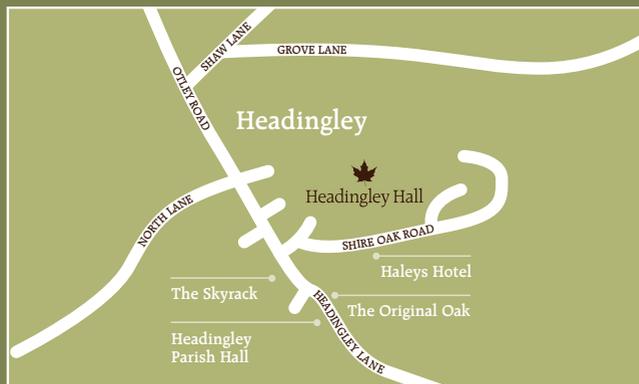
If you think Shire Oak House might provide the right type of care for you or your loved one please contact us to discuss your needs further.

Costs are related to the level of care needed and the type of room you choose.

We can of course advise on privately funded options alongside what support might be available from the local authority.

"I spent a long time researching care homes prior to my mother moving to Headingley Hall. This included speaking to relatives of residents, one of whom said to me 'you won't do better than Headingley Hall'. She was right. The staff have shown such kindness, empathy and patience towards my mother; their professionalism and the overall quality of care is outstanding."

Jill, Daughter of Headingley Hall resident



Shire Oak House,
Shire Oak Road,
Headingley,
Leeds, LS6 2DD
0113 275 9950

Shire Oak House is part
of Westward Care Ltd
www.westwardcare.co.uk

 /WestwardCare

 @WestwardCare

Company No: 2969357

Our facilities are proud to be associated
with the following organisations.

